

Periodontal Maintenance

You have achieved great results from your Active Periodontal Therapy! To maintain your oral health, Periodontal Maintenance is now required. Supporting the health of your mouth will consist of monitoring your disease by removing all plaque every 3 to 4 months as part of your maintenance.

As the co-therapist, it is your responsibility to keep your gums healthy by effective daily plaque removal, which includes brushing, flossing, and rinsing.

Since Periodontal disease occurs in episodes, your persistence with home care and supportive appointments can keep this disease from flaring up. We will continue working with you to achieve the best oral health possible. We look forward to seeing you at your next Periodontal Maintenance appointment.