

Periodontal Disease Increases Risk for Heart Disease

Several theories have linked Periodontal disease with heart disease. Researchers have found that people with gum disease are twice as likely to suffer from coronary artery disease than those without.

The theory is: oral bacteria can affect the heart when entering the blood stream. The bacterium attaches itself to fatty plaques in blood vessels in the heart, contributing to clot formation. Blood clots can obstruct normal blood flow. This can restrict the amount of nutrients and oxygen required for the heart to function properly, which may lead to a heart attack.