

Gum Disease and Pregnancy

Pregnant women with Periodontal disease may be seven times as likely to have a baby that is born premature with a low birth weight. Plaque bacteria release toxins into the bloodstream of the mother that can be carried through the placenta. This may interfere with fetal development.

30 to 60% of pregnant women may experience pregnancy gingivitis. With this disease the gums are red and tender and bleed easily.

Pre-existing gum disease can make these conditions more severe. Periodontal disease is an infection. The healthier pregnant women are, the easier it is for the body to recover from any infection, with less health risks for the baby. If you are, or are planning to become pregnant, see your Dentist and Hygienist for a Periodontal evaluation.