

Active Periodontal Therapy (APT)

Congratulations on taking the first step in controlling your periodontal disease! Your Active Periodontal Therapy (APT) appointments will help raise your level of oral health.

Each APT appointment follows a protocol to treat specific areas of your mouth for improved results. The local anesthetic that may be used at your appointment allows the hygienist to be thorough, while ensuring your comfort. The numbness will last for 1 to 3 hours in the treated area.

Most of our patients do not have any discomfort after the anesthetic wears off. The medicated rinse that you are provided with will promote healing of the gum tissues.

If you feel any discomfort, consider the following suggestions:

- Take Advil, Tylenol, or Aspirin to relieve pain.
- Rinse with a warm salt-water solution and swish 3 times for 30 seconds (1 teaspoon of salt per 1 cup of warm water). Go back and swish several times over the course of the day.

Please call us if you have any questions regarding your treatment. And remember, our priority is to provide you the best oral health care possible!