

PRE-SEDATION PATIENT INSTRUCTIONS

FOOD AND BEVERAGE

Do not eat 2 hours prior to dental visit.

Clear fluids: Water, coffee (without cream or milk) tea are allowed up to 1 hour before your dental appointment.

MEDICATIONS

Take your usual medications which you take on a regular basis on the day of the dental visit. (You will be instructed by our office prior to appointment if any changes are necessary)

CLOTHING/CONTACT LENSES

Wear loose casual clothing, such as, short sleeve t-shirt. **DO NOT** wear contact lenses to the appointment.

TRANSPORTATION

Under no conditions can you drive yourself home. A responsible adult (excluding taxi driver) must pick you up after the appointment and accompany you home. Public transportation is not recommended.

CHANGE IN HEALTH STATUS

If your general health deteriorates (eg., cold, cough, fever, etc.) contact the dental office prior to the day of the appointment.

Please do not hesitate to contact the office should you have questions or concerns. 403-220-9660. It is important that you understand the circumstances surrounding this treatment.