

## **POST-SEDATION INSTRUCCIONES**

**Following sedation, 24 hours may be required for the full effects of the sedative to wear off. During this period it is essential that you follow the instructions.**

### DISCHARGE FROM OFFICE

The patient must be discharged into the care of a responsible adult who can accompany him/her home. Arrangements should be made to have a responsible adult remain with the patient for the balance of the day and during the night.

### TRANSPORTATION FROM OFFICE

Private automobile is preferred. Public transportation is not recommended.

### FOOD AND BEVERAGES

Do not drink alcohol in any form for 24 hours after your appointment.

### MEDICATION

Resume normal medication as directed by physician after the appointment.

### ACTIVITY RESTRICTION

Do not operate motor vehicles, boats, power tools or machinery for 24 hours, or longer if drowsiness or dizziness persists.

Do not operate an aircraft for at least 48 hours following minimal or moderate sedation.

Do not sign or enter into any legal contract for at least 24 hours.

### PROBLEMS

If you experience any acute pain, heavy bleeding from the the surgical site, respiratory problems, or any other post-operative problems, please notify the dental office at 403-220-9660.