

INSTRUCTIONS FOR PARENTS OF CHILDREN HAVING DENTAL PROCEDURES

Our goal is to create a safe comfortable atmosphere for your child and make their visit with us a positive experience.

YOU CAN HELP!!

In our experience we have found that it is best to give as little information about their appointment as possible, as not to cause undo anxiety.

WHAT TO SHARE WITH YOUR CHILD IF:

- If they are having a filling tell them that they have a sick tooth and that Dr. Sylvia will make it better.
- If they are having a tooth removed tell them that Dr. Sylvia will help the tooth fairy and wiggle it out.
- If they are having a cleaning tell them that we will “tickle” the sugar bugs off their teeth and make them sparkle.

PHRASES NOT TO USE

Pain
Needle
It won't hurt
Drill
Sharp
Other negative words or phrases

PHRASES TO USE

It's going to be fine
I know you can do this
I'm proud of you!

It is preferable that parents stay in the reception area (with some exceptions).

This is preferable because most children pay better attention to the dentist when their parents are not around. (If this is a concern please let us know) You are always welcome to peak your head into the operatory silently. If you do come in with your child **please be a silent observer.**