

BAKING SODA RINSE INSTRUCTIONS

1. Add two teaspoons of baking soda to one cup of lukewarm water.
2. Stir baking soda so that it dissolves.
3. Keep adding baking soda until it doesn't fully dissolve and collects at the bottom of the cup. At this point the solution is saturated and ready to use.
 - Twice a day after brushing, use syringe provided with solution and irrigate around tissue of tooth.
 - Store solution at room temperature.
 - Heat solution to lukewarm, under hot water, before use to avoid cold sensitivity.
 - Use in indicated area(s) until permanent restoration is place, or as recommended for bacteria decontamination.