

XYLO SWEET

All natural Xylitol Sweetener

Ingredients: 100% xylitol

What is Xylitol? Xylitol is the name for a naturally occurring sugar commonly derived from corncobs and birch trees. It is much like many other sugars, but with a significant difference - the molecule contains only 5 carbon atoms rather than the 6 of most other sugars. This molecular difference is the key to xylitol's beneficial qualities both as a food source and as a bacterial inhibitor in both medical and dental use.

A delicious low calorie sweetener, XyloSweet has all the sweetness of common sugars yet has 40% fewer calories. XyloSweet is an ideal alternative sweetener in foods prepared for weight loss or for anyone concerned about the overuse of sugar in their diet.

XyloSweet in Diabetes Management: XyloSweet is metabolized without insulin so it creates a significantly lower glycemic effect when eaten – a glycemic index of only 7. Good news for Diabetics.

Anti-Bacterial Benefits: XyloSweet inhibits the ability of bacteria to attach to the tissues of the mouth, nose and throat. This is why physicians are using xylitol to reduce the symptoms of middle ear infections (otitis-media) particularly in children.

Dental Benefits: XyloSweet in the diet inhibits the ability of bacteria to adhere to the teeth, reduce the production of the acids that dissolve tooth enamel and lead to tooth decay.

Usage: When cooking, replace sugar with XyloSweet in equal measurements. XyloSweet is heat-stable for cooking and baking, it also mixes and dissolves just like common sugar.